Response to 'a Rucksack and A Journey' by Maïlé

Why is it that people do not make up their own mind
Are afraid of all of them and only trust one’s kind
Believe what they see and believe what they hear
Not knowing the background of what one has to bare

Growing up is a process that makes us more present
Having more knowledge and understanding is a present
The greatest richness we have on earth
Is not to know about much but to understand what it’s worth

See: the process of aging is not just getting older
It’s about mental independence that will help one getting stronger
Not only to make choices for ourselves
But to be a role model for somebody else

It means to take our life out of the hands of others
And teach this behaviour to our sons and daughters
Try to move and discover more things
Even if you don’t understand what this brings

The simple fact of having an open mind
Makes the individual one of a kind
There’s so much more to learn and to find
So all of your prejudices leave them behind

Travel to understand the meaning of different
And let this change not make you feel indifferent
Much respect to the ones that actually dare
leaving their comfort zone and do not fear

Seeing how other places make them feel at home
Now it is your turn to take a friend or even go alone
Because at the end of the day
All you need is a Rucksack and A Journey

- Maïlé Toussaint