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It is incredibly hard to think what kind of movement would have any relevance up here. Any of the full range of movements that I am able to articulate in a warm studio seems grossly over the top in a landscape such as this. The best movement is to walk or to run. Walking gets us somewhere and keeps us warm. It is a simple action, but there is an efficiency about it and in many layers of clothing it became denser than we had ever experienced. Dance here is then reduced to the familiarity, the straightforwardness, the elegance of the walk and the run.

On Thursday morning most of us collected together to pace out the landscape for the film crew. It was a few moments of walking the landscape, exploring the rhythm, sound and changing size of the human body, before the company dispersed and went back to their own projects. If I think about the list of names that formed this short-lived dance company it makes me laugh with pride.

Some of us carried on with the walking theme by traversing an icy mountain, snow blowing along the ground, making it unstable as if floating. Our walking turned into slipping on ice or pushing our heels down into snow to help us keep upright while going steeply down hill. Every kind of putting one foot in front of the other had its use.

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